

### Step-by-step After-Sun Routine

Get the most out of your sunny days with my simple, soothing after-sun routine. My Oceanic Cleansing Balm and Exfoliating Balm are here to help keep your skin refreshed and smooth all summer long.





"Hi, I'm Mandy Hawtin and I'm a cosmetic chemist who is obsessed with skincare, the environment and science.

I love luxury skincare that doesn't contain any nasty petrochemicals or fossil fuels"

Mandy Hawtin

#### What's a fossil fuel?

Things like crude oil that come from the ground, and while they're useful, they're not so great for the Earth.

A lot of skincare products out there use ingredients made from fossil fuels, but not me! I'm all about keeping things natural and clean and environmentally friendly!





#### Step-by-Step After-Sun Routine

# Step One: Soothe with Oceanic Cleansing Balm

- Prep: Place the balm in the fridge for about 10 minutes before using to create a cooling effect.
- Apply: Gently massage a small amount of the chilled balm onto your sunexposed skin.
- Rinse: After a minute, rinse with lukewarm water to feel refreshed and calm.

Key Ingredients - Marine algae for antioxidant protection, nourishing plant oils to restore hydration.





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# Step Two: Refresh with Oceanic Exfoliating Balm

- When: Wait a day or two after sun exposure, then use the balm to gently lift away peeling skin.
- Apply: Place a thin layer on areas with peeling or dry patches, avoiding sensitive spots.
- Time: Usually, I'd recommend leaving the balm on for up to 30 minutes, but for sun-exposed skin, leave it on for just 5-10 minutes to be extra gentle.

Rinse: Rinse off to reveal fresh, smooth skin.

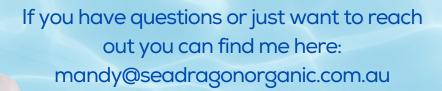
Key Ingredients - Australian caviar finger lime for natural exfoliation, jojoba spheres for gentle polishing.



### Always Remember Sunscreen

Sunscreen is your skin's best friend. Apply SPF before sun exposure and remember to reapply within 2 hours for continued protection.

Thank you for choosing Seadragon
Organic to support your skin this summer.
Keep this guide handy and enjoy healthy
radiant skin all season long.





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